



Steps Forward to  
Meaningful Employment  
of young people with  
emotional well-being  
problems after the  
Covid-19 pandemic

## Partners

Innovation in social care  
**iSocial**  
Foundation



**CHANCE B**  
GRUPPE

**With the collaboration of:**



## Contact

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## Social Media



@Step4ME\_erasmus



[@stepforme\\_erasmus](https://www.instagram.com/stepforme_erasmus)

Website

[isocial.cat/en/stepforme/](http://isocial.cat/en/stepforme/)

# Challenges

The employability of young people with mental health or emotional well-being problems has always been lower and more complex than that of the general youth population. Emotional well-being problems lead to deficiencies and barriers of all kinds that make it difficult for many young people to enter the job market.

To this existing difficulty must be added the impact that Covid-19 has had, which has aggravated this type of problem in the young population throughout Europe. At the same time, however, the health crisis has also allowed a sudden acceleration of the digital transformation and has led to greater awareness of the potential of technology to achieve more effective socio-labour interventions for young people with fewer opportunities.

StepForME aims to address this challenge by making available to youth workers and young people themselves a set of innovative practices supported by the use of digital tools that are effective in improving their well-being and employability.



# Objectives

The overall objective of the project is to improve professional practices aimed at strengthening the employability of young people with mental or emotional health problems aggravated by the pandemic, through innovative and effective community intervention practices supported by digital tools.

To achieve this general objective, the following specific objectives are worked on:

- Know the difficulties of access to the labour market for young people with mental or emotional health problems.
- Identify and standardize innovative practices in the use of existing digital tools to enhance the well-being and employability of these young people.
- Offer digital tools to professionals and improve their skills through training modules on these innovative practices.
- Offer recommendations to relevant national and European actors on the improvement of professional practices in this field.



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# Expected results

- Innovative and more efficient use of existing digital tools to strengthen the employability of these young people.
- Change of attitude in professionals in relation to the incorporation of digital tools in their daily work.
- Empowering young people with few opportunities to enter the labour market due to their mental or emotional health problems
- Familiarization of public and private institutions with good practices in the use of digital tools for intervention with young people with few opportunities.
- Creation of a network of professionals and organizations that share knowledge about the use of digital tools to better support young people with mental or emotional health problems.

